

We strive to provide purposeful, nonjudgmental holistic treatment that reduces barriers and improves the health of our patients.



**Our Mission**  
*HealthFirst is proud to provide the highest quality health care to everyone in our diverse community.*

387 Quarry Street, Suite 100  
Fall River, MA 02723  
**508-679-8111**

**24/7 Emergency  
Call Coverage**

Visit our website at  
**[www.healthfirstfr.org](http://www.healthfirstfr.org)**  
to learn about all of  
HealthFirst's services and  
our current hours of  
operation.



**HEPATITIS C TREATMENT**

**What to Expect**

# TAKING YOUR THERAPY

Sofosbuvir/Velpatasvir = Epclusa

- 1 tablet daily for 12 weeks
- Take with or without food.
- Store at room temperature.
- Acid reducing medications can reduce effectiveness of Epclusa. Discuss this with your provider.

If you miss a dose:

- Do NOT stop taking meds without talking to your provider.
- If you travel take your meds with you.
- **DON'T SKIP! Take THE MISSED DOSE THE SAME DAY** as soon as you remember.
- Do not take more than one tablet per day.



## WHAT TO EXPECT

### Before Treatment

- Meet with provider to review medical history, current medications, and treatment Plan

### During Treatment

- Keep all medical and lab appointments.
- Take your medication every day.
- Refill your medications on time.
- Avoid alcohol and street drugs.
- Let your provider know if you:
  - have health changes
  - have medication changes
  - lose your medications
  - change your phone number or address
  - miss multiple doses of your therapy

## MANAGING SIDE EFFECTS

### Headache (18-32%)

- Hydrate/rest.
- Tylenol as advised by provider.

### Fatigue (15-26%)

- Hydrate.
- Go for a walk.
- Eat well balanced meals.

### Nasal Drip-Congestions & Sore Throat (6-13%)

- Hydrate
- Lozenges
- Tylenol

### Nausea (10-24%)

- Small meals
- Ginger
- Crackers

### Insomnia (4-11%)

- Avoid caffeine.
- Avoid heavy meals close to bedtime.

